

# December 2017



WILSON PREPARATORY  
ACADEMY

**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

				1
				<b>Assorted Cereal OR Egg Sausage Wheat Biscuit</b> <hr/> <b>BBQ Pork Riblet OR Mini Corn Dogs</b>  <b>Broccoli Pinto Beans Brown Rice Wheat Roll</b>
4	5	6	7	8
<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Beef Pattie w/ gravy OR Hot Dog</b>  <b>Candied Sweet Potatoes Pinto Beans Brown Rice Wheat Roll</b>	<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Pepperoni Pizza OR Teriyaki Chicken</b>  <b>Italian Green Beans Broccoli Wheat Roll Brown Rice</b>	<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Taco w/ lettuce, cheese OR Baked Chicken Leg</b>  <b>Lima Beans Corn Wheat Roll Brown Rice</b>	<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Mini Corn Dogs OR Sliced Baked Ham</b>  <b>Cabbage Pinto Beans Wheat Roll Brown Rice</b>	<b>Assorted Cereal OR Egg Sausage Wheat Biscuit</b> <hr/> <b>Baked Spaghetti OR Grilled Chicken</b>  <b>Glazed Carrots Green Beans Wheat Roll Brown Rice</b>
11	12	13	14	15
<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Mini Corn Dogs OR Pepperoni Pizza</b>  <b>Corn Green Beans Brown Rice/Wheat Roll</b>	<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Baked Ham OR Baked Chicken Leg</b>  <b>Pinto Beans Candied Sweet Potatoes Wheat Roll Brown Rice</b>	<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Beef Pattie OR Hot Dog</b>  <b>Italian Green Beans Cabbage Wheat Roll Brown Rice</b>	<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Beef Macaroni OR Teriyaki Chicken</b>  <b>Glazed Carrots Pinto Beans Wheat Roll/Brown Rice</b>	<b>Assorted Cereal OR Egg Sausage Wheat Biscuit</b> <hr/> <b>Taco w/ lettuce, cheese OR BBQ Pork Riblet</b>  <b>Broccoli Green Peas Brown Rice Wheat Roll</b>
18	19	20	21	22
<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Hot Dog OR Beef Pattie</b>  <b>Cabbage Pinto Beans Wheat Roll/Brown Rice</b>	<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Teriyaki Chicken w/ Brown Rice OR Mini Corn Dogs</b>  <b>Broccoli Corn Wheat Roll</b>	<b>French Toast, Oatmeal OR Assorted Cereal</b> <hr/> <b>Beef Macaroni OR Grilled Chicken w/ Brown Rice</b>  <b>Glazed Carrots Green Beans Brown Rice/Wheat Roll</b>	<b>Pancakes w/ Syrup OR Assorted Cereal</b> <hr/> <b>Early Release @ 12:00</b>  <b>NO LUNCH!</b>	<b>NO SCHOOL!!</b> 
25	26	27	28	29
				

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**K&W**cafeterias

